

FREE SUMMER MEALS

All children 18 years old and under can enjoy a **FREE** breakfast and lunch every weekday.

June - July 2010

Served 8:00 a.m. to 9:15 a.m.

Monday	Trayless Tuesdays	Wednesday	Thursday	Friday
	29 Turkey Sausage Patty on a Buttermilk Biscuit	30 Breakfast Bruschetta	1 HOT STUFFED SANDWICH Egg Omelet on a Soft Croissant	2 Whole Grain Blueberry Square
5 Breakfast Sausage Roll	6 Pancake served with syrup	7 HOT STUFFED SANDWICH Egg Omelet on a Whole Wheat Bun Canadian Bacon	8 Bagel served with Cream Cheese choice	9 French Toast served with syrup
12 Cream Cheese Bagel-fuls	13 Whole Grain Banana Bread	14 Cinnamon Burst Pancakes served with syrup	15 HOT STUFFED SANDWICH Egg Omelet on a Whole Wheat Bun	16 Waffle served with syrup
19 Pancake served with syrup	20 Corn Muffin served with jelly	21 French Toast served with syrup	22 Breakfast Sausage Roll	23 HOT STUFFED SANDWICH Egg Omelet on a Whole Wheat Bun Canadian Bacon
26 Whole Grain Apple Loaf	27 Turkey Sausage Patty on a Buttermilk Biscuit	28 Breakfast Bruschetta	29 HOT STUFFED SANDWICH Egg Omelet on a Soft Croissant	30 Whole Grain Blueberry Square

Offered daily: assorted milk, fruit choice or 100% fruit juice, and cold cereal.

Breakfast

June - July 2010

Served 11:00 a.m. to 1:15 p.m.

Pizza Mondays	Trayless Tuesdays	Winning Wednesdays	On-The-Go Thursdays	Fun Fridays
	29 Hamburger on a Whole Wheat Bun Wedge Cut Potatoes	30 Crispy Chicken Nuggets served with dipping sauce French Cut Green Beans Fruit Juice Ice	1 Ham and Swiss Wrap served with lettuce, tomato, honey mustard dressing, or jalapeño mayonnaise SchoolFood Healthy Cole Slaw	2 Southwest Style Beef Baked! Tostitos® Scoops! SchoolFood Confetti Corn Salad
5 New York City Pizza Slice SchoolFood Green Salad	6 Hamburger or Cheeseburger on a Whole Wheat Bun Straight Cut Potatoes	7 Roasted Chicken served with dipping sauce Rachael Ray's Yum-o! Cheesy Mac and Trees Steamed Broccoli Fruit Juice Ice	8 SALAD CREATIONS Chef Salad served with Mixed Greens and dressing Baked! Tostitos® Scoops!®	9 Breaded Chicken Patty on a Whole Wheat Bun Steamed Broccoli
12 French Bread Pizza SchoolFood Very Vegetable Salad	13 Hamburger on a Whole Wheat Bun Wedge Cut Potatoes	14 Crispy Chicken Nuggets served with dipping sauce Stir Fry Vegetables Fruit Juice Ice	15 Turkey and Swiss Wrap served with lettuce and tomato Bean Trio Salad	16 Beef Taco Boat with assorted fixings SchoolFood Black Bean and Corn Salad
19 New York City Pizza Slice SchoolFood Green Saladw	20 Hamburger or Cheeseburger on a Whole Wheat Bun Straight Cut Potatoes	21 BBQ Roasted Chicken Harvest Rice Medley Steamed Spinach Sweet Plantains Fruit Juice Ice	22 SALAD CREATIONS Tender Chicken Salad served with Mixed Greens and dressing Frito-Lay® SunChips®	23 Mozzarella Sticks served with tomato sauce Spinach with Sautéed Garlic
26 French Bread Pizza SchoolFood Very Vegetable Salad	27 Hamburger on a Whole Wheat Bun Wedge Cut Potatoes	28 Crispy Chicken Tenders served with dipping sauce French Cut Green Beans Fruit Juice Ice	29 Ham and Swiss Wrap served with lettuce, tomato, honey mustard dressing, or jalapeño mayonnaise SchoolFood Healthy Cole Slaw	30 Toasted Cheese Sandwich Steamed Broccoli

Offered daily: assorted milk, fruit choice, peanut butter and jelly sandwiches.
Dipping sauce choices: ketchup, mustard, duck, honey mustard, BBQ, tomato, tartar, salsa.
SchoolFood serves Pride of New York products.



Lunch

Children do not need to show registration, documentation, or an ID to receive their meals. Menus subject to change.



SchoolFood
Feed your mind



**Department of
Education**

Joel I. Klein
Chancellor